



# Durga Temple

(A Tax-Exempt Non-Profit Organization)  
8400 Durga Place, Fairfax Station, VA 22039  
Phone: 703-690-9355



*Presents*

## Discourses on Upanishads

**By Dr. Bishnu Poudel**

***Every First Sunday of month 6:00 -6:30 PM***



The term *Upanishad* literally means “bringing nearest to us the transcendental and make it exist for us”. They make the incomprehensible Truth comprehensible: the Self which is ever with us, but lost to us in the cloud of our misapprehension’ is unveiled and brought to our subjective experience by these declarations, and so they are called Upanishads. Dr. Bishnu Poudel will attempt to highlight the spiritual nature of our existence through various Upanishadic injunctions by which we live either knowingly or unknowingly. It will provide a platform for Self-awareness leading to better fulfillment of life.

**Dr. Bishnu Poudel** is the founding member and first chairman of the board of trustees of Durga temple. He is the devout practicing Hindu and has immense knowledge of Hindu Scriptures. He has had exemplary educational, social, community and academic experiences in life. He has served in the past as dean vice president and president of the universities. Now he teaches courses such as global leadership, geopolitics and management for graduate and doctoral levels students in American Collage of Commerce and Technology.

Please call - Temple Manager Mr. Verma or temple priests, Pt. Omkar Sharma,  
Pt. Shanti Swaroop, Pt. Trilochan Bhatt or Pt. Murlidhara Bhatta at (703) 690-9355  
or visit [www.Durgatemple.org](http://www.Durgatemple.org)

*Or Call*

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