



# Durga Temple

(A Tax-Exempt Non-profit Organization)  
8400 Durga Place, Fairfax Station, VA 22039  
Phone: 703-690-9355



Restore

Rebalance

Rejuvenate

With

**AYURVEDA**

***A Holistic Way of Healing***



*Ayurveda Healing*

**Free Ayurveda Clinic & Workshop-**

**23<sup>th</sup> July 2017**

**12:30-2:00pm**

**Fall Ayurveda Workshop "High Cholesterol management"**

High cholesterol in the body is the root cause of several major health problems including heart diseases and stroke, and is one of the leading causes of premature death.

Let's learn the simple ways to lead a healthy lifestyle

CONTACT:-

Dr. Archana Vardhan [BAMS, PGDCR, Ayurvedic Physician]

Cell: 203-308-7128

Email: drarchanavardhan@gmail.com, ramdhamayurveda@gmail.com

**Temple is actively seeking Sponsors for the Event**

For any other information please call - Temple Manager Mr. Verma or temple priests  
Pt. Trilochan Bhatt, Pt. Omkar Sharma, Pt. Shanti Swaroop or Pt. Murlidhara Bhatta at  
(703) 690-9355 or visit [www.DurgaTemple.org](http://www.DurgaTemple.org)

or Call

Karuna Gulati (703) 690-1512

Mehenda Chudasama (703) 625-2717

